



PE ~ OAA Progression Overview

EYFS includes Nursery and Reception

KS1 and KS2 operate two cycles: **Cycle A** and **Cycle B**.

<b>Knowledge NC L. Obs</b>	<b>EYFS</b>	<b>Y1/2</b>	<b>Y3/4</b>	<b>Y5/6</b>
<b>Learning outcomes</b>		<p><b>Year 1 Spring 1 Year 1 Spring 1</b>  <b>Where are we going?</b>            * Begin to identify points on simple maps and diagrams of familiar environments            * Use simple maps, diagrams to help them follow a trail            * Begin to work and behave safely and work increasingly co-operatively with others * Discuss how to follow trails and solve problems</p>	<p><b>Year 4 Spring 1 Year 4 Spring 1</b>  <b>Star Orientation</b>            * Identify where they are on simple maps and diagrams of familiar environments e.g. in relation to position of desk in plan of classroom            * Orientate simple maps and plans            * Work with friends to plan and share ideas            * Co-operate to share roles within a group  <b>Tasks &amp; Trials</b>            • Select appropriate equipment/route/people to solve a problem successfully            * Begin to work and behave safely when working cooperatively with others            * Work with friends to plan and share ideas            * Co-operate to share roles within a group            * Comment on how they went about tackling a task            * Listen to each other's ideas when planning a task            * Change your ideas if they are not working            * Work with friends to select appropriate equipment for the task</p>	<p><b>Year 5 Autumn 2 Year 5 spring 2</b>  <b>Where Am I?</b>            * Mark control points in correct position on their map or plan (e.g. where they find an object when following a photo trail)            * Find their way back to a base point            * Draw their own maps and plans and set trails for others to follow            * Plan before starting an orienteering challenge            * Use the eight points of the compass to orientate themselves            * Together, plan and share roles within the group based on each other's strengths            * Change roles or ideas if they are not working            * Recognise own and others' feelings            * Recognise and talk about the dangers of tasks            * Recognise how to keep themselves and others safe</p> <p><b>Year 6 Spring 2 Year 6 Spring 2</b>            * Orientate maps and plans            * Work increasingly well in groups where roles and responsibilities are understood            * Plan strategies to solve problems/plan routes/follow trails/build shelters etc.</p>



PE ~ OAA Progression Overview

				<ul style="list-style-type: none"> <li>* Implement and refine strategies</li> <li>* Recognise what went well and why, what you would do differently next time</li> </ul>
<b>Skills</b>		<b>Identify points on a map</b> <b>Use maps to follow a trail</b> <b>Work collaboratively with others</b> <b>Discuss and listen to others</b>	<b>Identify where they are on a map</b> Use maps to follow a trail <b>Orientate simple maps</b> <b>Use a four point compass</b> Work collaboratively with others Discuss with and listen to others	Identify where they are on a map <b>Draw their own map and plan</b> Orientate maps <b>Mark control points on a map or</b> Use the <b>eight points</b> compass Work collaboratively with others Discuss with and listen to others <b>Plan and share out roles</b> <b>Identify dangers and how to keep safe</b>
<b>Links to other subject areas</b>				
<b>Vocab</b>		Trail Map Route Track Point	Follow a trail Explore Maps Challenge Problem Solve Listen Teamwork Find Track Route Plan Discuss	Maps/Diagram Symbols Orienteering Compass points Navigate Checkpoint