



## PE ~ Games Progression Overview

EYFS includes Nursery and Reception

KS1 and KS2 operate two cycles: **Cycle A** and **Cycle B**.

<b>Knowledge NC L. Obs</b>	<b>EYFS</b>	<b>Y1/2</b>	<b>Y3/4</b>	<b>Y5/6</b>
<b>Learning outcomes</b>	<ul style="list-style-type: none"> <li>* Be able to play on their own and with others, keeping themselves safe by finding free space</li> <li>* Watch and copy others</li> <li>* Choose appropriate equipment for the game / action</li> <li>* Become a competent mover so that they can avoid others by controlling their body so they don't fall over i.e. move forward, sideways and backwards at different speeds with increasing control</li> <li>* Control balls of various sizes &amp; shapes:               <ul style="list-style-type: none"> <li>carry and release into a target</li> <li>roll a ball</li> <li>throw underarm into a target</li> <li>bounce &amp; catch on the spot and on the move</li> <li>throw a ball in the air and catch</li> <li>strike the ball with a foot</li> <li>hit a ball with a bat into a target</li> </ul> </li> </ul>	<p><b>Year 1: Autumn 1 Year 1 Autumn 2</b></p> <ul style="list-style-type: none"> <li>* Use space well e.g. move into a space or jump to stop catch or strike a ball</li> <li>* Be a competent mover so that they can avoid others by controlling their body so they don't fall over i.e. move forward, sideways and backwards at different speeds with control</li> <li>* Control and make decisions when playing with balls of various sizes &amp; shapes:               <ul style="list-style-type: none"> <li>roll &amp; throw underarm/overarm to a partner</li> <li>receive balls of various sizes and shapes from a partner</li> <li>bounce &amp; catch on the spot and on the move</li> <li>strike a ball with a foot</li> </ul> </li> <li>* Be able to play co-operatively and competitively with a partner/team of 3</li> </ul>	<p><b>Year 3: Autumn 1 Year 3 Autumn 1 (LG Ball)</b></p> <ul style="list-style-type: none"> <li>* Be able to throw and catch with greater control</li> <li>* Throw a ball using different techniques</li> <li>* Choose the best technique in different situations</li> <li>* Travel, while bouncing a ball</li> <li>* Play small sided games using different passing skills</li> <li>* Begin to develop tactics, including defending, within game situations</li> <li>* Apply and follow rules</li> </ul> <p><b>Year 3: Spring 1 Year 3 Spring 1 (Tennis)</b></p> <ul style="list-style-type: none"> <li>* Develop hand eye co-ordination to control a ball including balancing on racket while still and moving</li> <li>* Be able to self-feed and hit a ball with a racket</li> </ul>	<p><b>Year 5: Autumn 1 Year 5 Autumn 1 (Hockey)</b></p> <ul style="list-style-type: none"> <li>* Demonstrate successful hitting and striking skills</li> <li>* Travel while controlling the ball with a stick</li> <li>* Pass to a partner, aim at a target with confidence and accuracy</li> <li>* Play games using skills learnt and showing an increasing awareness of space</li> <li>* Continue to develop tactics of attacking and defending</li> </ul> <p><b>Year 5: Spring 2 Year 5 Spring 2 (BBall)</b></p> <ul style="list-style-type: none"> <li>* Be able to throw and catch balls with control and accuracy</li> <li>* Throw a ball using different techniques</li> <li>* Choose the best technique to use</li> </ul>



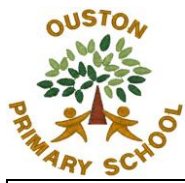
## PE ~ Games Progression Overview

<ul style="list-style-type: none"> <li>* Move into a space or jump to stop a ball</li> <li>* Make simple decisions about where to move to receive or send a ball</li> <li>* Begin to join actions together e.g. throw then move</li> <li>* Be able to take turns</li> <li>* Understand the need for rules and be able to follow them</li> </ul>	<p><b>Year 1 Summer 1&amp;2 Year 1 Summer 1&amp;2</b></p> <ul style="list-style-type: none"> <li>* Be a competent mover so that they can avoid others by controlling their body so they don't fall over i.e. move forward, sideways and backwards at different speeds with control</li> <li>* Control and make decisions when playing with balls of various sizes &amp; shapes:             <ul style="list-style-type: none"> <li>throw underarm/overarm to a partner</li> <li>retrieve / stop small balls</li> <li>hit a ball with a bat</li> </ul> </li> <li>* Be able to create ideas to make tasks and games easier / harder</li> <li>* Make up own simple rules for a game</li> <li>* Practise skills to improve</li> <li>* Follow rules to make a game enjoyable</li> <li>* Recognise what they and others do well</li> </ul> <p><b>Year 2 Autumn 1 Year 2 Autumn 1</b></p> <ul style="list-style-type: none"> <li>* Use space well e.g. move into a space or jump to stop catch or strike a ball</li> <li>* Be a competent mover so that they can avoid others by controlling their body so they don't fall over i.e. move forward, sideways and backwards at different speeds with control</li> <li>* Control and make decisions when playing with balls of various sizes &amp; shapes:             <ul style="list-style-type: none"> <li>roll &amp; throw underarm/overarm to a partner</li> <li>receive balls of various sizes and shapes from a partner</li> </ul> </li> <li>* Begin to develop simple tactics in games</li> <li>* Be able to play co-operatively and competitively with a partner/team of 3</li> </ul> <p><b>Year 2 Autumn 2 Year 2 Autumn 2</b></p> <ul style="list-style-type: none"> <li>* Be able to work as part of a team</li> <li>* Listen and follow instructions</li> <li>* Be able to play co-operatively with others</li> <li>* Develop co-ordination &amp; movement skills</li> <li>* Invent games and make changes to make activities easier / harder</li> </ul>	<p><b>Year 3: Summer 2 Year 3 Summer 2 (Rounders)</b></p> <ul style="list-style-type: none"> <li>* Demonstrate good hitting / striking skills</li> <li>* Begin to develop hitting for distance</li> <li>* Develop a range of fielding skills – throwing &amp; catching accurately, retrieving &amp; gathering the ball</li> <li>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</li> </ul> <p><b>Year 4: Autumn 1 Year 4 Autumn 1 (Hockey)</b></p> <ul style="list-style-type: none"> <li>* Demonstrate successful hitting and striking skills</li> <li>* Move while controlling a ball with a 'stick'</li> <li>* Pass and stop the ball in an appropriate manner</li> <li>* Play small-sided games using skills learnt.</li> <li>* Develop simple tactics of attacking and defending</li> </ul> <p><b>Year 4: Spring 2 Year 4 Autumn 2 (Tag R)</b></p> <ul style="list-style-type: none"> <li>* Throw and catch different balls</li> <li>* Move with a ball, being aware of space and attacking tactics</li> <li>* Develop attacking and defending skills</li> <li>* Play small-sided games using skills learnt</li> </ul> <p><b>Year 4: Summer 1 Year 4 Summer 2 (Cricket)</b></p>	<ul style="list-style-type: none"> <li>* Send and receive a ball with a racket to a target, space or partner</li> <li>* Begin to develop skills and tactics to keep a rally going or 'beat' an opponent</li> </ul> <p><b>Year 5: Summer 1 Year 5 Summer 1 (Cricket)</b></p> <ul style="list-style-type: none"> <li>* Bowl overarm</li> <li>* Strike the ball in different ways using a bat eg distance, defence etc</li> <li>* Explore when to use different shots</li> <li>* Continue to develop fielding skills – throwing for speed, retrieval &amp; gathering of the ball, catching</li> <li>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</li> </ul> <p><b>Year 5: Summer 2 Year 5 Summer 2 (Rounders)</b></p> <ul style="list-style-type: none"> <li>* Demonstrate good hitting / striking skills</li> <li>* Be able to hit accurately and for distance</li> <li>* Continue to develop a range of fielding skills – throwing &amp; catching accurately, retrieving &amp; gathering the ball, throwing for speed, accuracy to 'feed' ball</li> <li>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</li> <li>* Develop games with rules using the skills learnt</li> </ul> <p><b>Year 6: Autumn 1 Year 6 Autumn 1 (Tag Rug)</b></p> <ul style="list-style-type: none"> <li>* Throw and catch different balls</li> <li>* Move with a ball, being aware of space and attacking tactics</li> <li>* Develop attacking and defending skills</li> <li>* Play competitive games using skills learnt</li> <li>* Work co-operatively with others as part of a team</li> </ul>	<ul style="list-style-type: none"> <li>* Play competitive games using different passing skills and showing an increasing awareness of space</li> <li>* Use a range of tactics for attacking and defending in competitive games</li> <li>* Apply and follow rules</li> </ul>
---	---	--	--	---



## PE ~ Games Progression Overview

		<p>* Follow simple rules to make games enjoyable for all</p> <p><b>Year 2 Spring 2 Year 2 Spring 2</b></p> <p>* Use space well e.g. move into a space or jump to stop catch or strike a ball</p> <p>* Be a competent mover so that they can avoid others by controlling their body so they don't fall over i.e. move forward, sideways and backwards at different speeds with control</p> <p>* Control and make decisions when playing with balls of various sizes &amp; shapes:</p> <ul style="list-style-type: none"> <li>roll &amp; throw underarm/overarm to a partner</li> <li>receive balls of various sizes and shapes from a partner</li> <li>bounce &amp; catch on the spot and on the move</li> <li>throw, roll at a target</li> </ul> <p>* Begin to develop simple tactics in games</p> <p>* Be able to play co-operatively and competitively with a partner/team of 3</p> <p>* Understand attacking and defending</p> <p><b>Year 2 Summer 1 Year 2 Summer 1</b></p> <p>* Use space well e.g. move into a space or jump to stop catch or strike a ball</p> <p>* hit a ball with a bat when playing with a partner</p> <p>* Begin to develop simple tactics in games</p> <p>* Be able to throw and catch balls</p> <p>* Follow simple rules to make games enjoyable for all</p> <p><b>Year 2 Summer 1 Year 2 Summer 1</b></p> <p>* Control and make decisions when playing with balls of various sizes &amp; shapes:</p> <ul style="list-style-type: none"> <li>throw underarm/overarm to a partner or target</li> <li>retrieve / stop small balls</li> <li>hit a ball with a bat</li> </ul>	<p>* Begin to develop an overarm bowling action</p> <p>* Strike the ball in different ways using a bat eg distance, defence etc</p> <p>* Continue to develop fielding skills – throwing for speed, retrieval &amp; gathering of the ball, catching</p> <p>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</p> <p><b>Year 4: Summer 2 Year 4 Summer 1 (Football)</b></p> <p>* Kick a ball using a range of techniques depending on outcome: distance, accurate passing, shooting, hitting a target etc</p> <p>* Move with a ball using a range of techniques showing some control and fluency</p> <p>* Begin to develop tactics for attacking and defending</p> <p>* Play small-sided games, following rules, using the skills taught</p> <p><b>Year 4: Summer 2 Year 4 Summer 2 (Rounders)</b></p> <p>* Demonstrate good hitting / striking skills</p> <p>* Continue to develop hitting for distance</p> <p>* Develop a range of fielding skills – throwing &amp; catching accurately, retrieving &amp; gathering the ball, throwing for speed, accuracy to 'feed' ball</p> <p>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</p> <p>* Develop games with rules using the skills learnt</p>	<p><b>Year 6: Autumn 1 Year 6 Autumn 1 (FBall)</b></p> <p>* Pass, control, dribble and shoot with accuracy and fluency</p> <p>* Continue to develop tactics for attacking and defending</p> <p>* Play competitive games, following rules, using the skills taught</p> <p>* Work co-operatively with others as part of a team</p> <p><b>Year 6: Spring 1 Year 6 Spring 1 (dodge / bench ball)</b></p> <p>* Pass, control, dribble and shoot with accuracy and fluency</p> <p>* Pass using a range of different techniques, choosing the most appropriate</p> <p>* Continue to develop tactics for attacking and defending</p> <p>* Play competitive games, following rules, using the skills taught</p> <p>* Work co-operatively with others as part of a team</p> <p><b>Year 6: Summer 1 Year 6 Summer 1 (Net &amp; wall)</b></p> <p>* Send and receive a ball with a racket to a target, space or partner</p> <p>* Keep a rally going or 'beat' an opponent using different techniques</p> <p>* Develop an overarm serve</p> <p>* Develop tactics for beating opponents</p> <p>* Play competitive games</p> <p><b>Year 6: Summer 2 Year 6 Summer 2 (St &amp; Field)</b></p> <p>* Strike the ball in different ways using a bat eg distance, defence etc</p> <p>* Explore when to use different shots</p> <p>* Throw for speed &amp; accuracy under pressure</p>
--	--	--	--	--



## PE ~ Games Progression Overview

		<ul style="list-style-type: none"><li>* Be able to create ideas to make tasks and games easier / harder</li><li>* Make up own simple rules for a game</li><li>* Practise skills to improve</li><li>* Follow rules to make a game enjoyable</li><li>* Recognise what they and others do well</li></ul>		<ul style="list-style-type: none"><li>* Retrieve, gather and catch balls in games situations, under pressure, on the move</li><li>* Be able to play games, showing understanding of tactics, choosing appropriate actions and following rules</li><li>* Create and develop rules for own games</li></ul>
--	--	---	--	--



## PE ~ Games Progression Overview

<b>Skills</b>	Hit a ball with a bat/raquet	Hit a ball with some control	Hit and control a ball with a bat, raquet or stick <b>Hit a ball for distance</b> <b>Rally with a partner</b>	Different techniques to hit a ball Control ball when hitting different shots <b>Backhand strike</b> <b>Volley</b> <b>Overhead serve</b>
	<b>Roll</b> <b>Underarm</b> <b>Throw &amp; catch to self</b>	Underarm <b>Overarm</b> <b>Catch &amp; bounce</b> <b>Throw different equipment</b> <b>Throw &amp; catch with partner</b> <b>Throw &amp; catch in a game</b> <b>Move with different balls</b> <b>Kick or hit a ball</b>	<b>Catching &amp; gathering in games</b> <b>Different ways of throwing &amp; catching</b> <b>Overarm bowl</b> <b>Move with different balls in different ways &amp; around objects</b> <b>Control a ball around objects / obstacles</b>	<b>Consolidate throwing &amp; catching in games</b> <b>Under pressure</b>
<b>Vocab</b>	<b>Pass</b> <b>Move</b> <b>Roll</b> <b>Throw</b> <b>Catch</b> <b>Jump</b>	<b>Pass</b> <b>Move</b> <b>Roll</b> <b>Throw</b> <b>Catch</b> <b>Attacker</b> <b>Defender</b> <b>Underarm throw</b> <b>Intercept</b> <b>Overarm throw</b> <b>Space</b> <b>Retrieve</b> <b>Scoring</b> <b>Kicking</b> <b>Aiming</b> <b>Rally</b> <b>Feed</b> <b>Court</b> <b>Racquet</b>	<b>Pass</b> <b>Move</b> <b>Roll</b> <b>Throw</b> <b>Catch</b> <b>Attacker</b> <b>Defender</b> <b>Underarm throw</b> <b>Intercept</b> <b>Overarm throw</b> <b>Space</b> <b>Retrieve</b> <b>Scoring</b> <b>Kicking</b> <b>Aiming</b> <b>Rally</b> <b>Feed</b> <b>Court</b> <b>Racquet</b> <b>Possession</b> <b>Control</b> <b>Rules</b> <b>Tactics</b> <b>Zone</b> <b>Dribble</b> <b>Striking</b> <b>Backline</b> <b>Batting</b> <b>Fielding</b> <b>Wicket</b> <b>Innings</b> <b>Wicketkeeper</b> <b>Score</b> <b>Stumps</b> <b>Backstop</b>	<b>Support</b> <b>Marking</b> <b>Attack</b> <b>Defend</b> <b>Try</b> <b>Tag</b> <b>Stance</b> <b>Crease</b> <b>Non-Striker</b> <b>Bowler</b> <b>Leg-side Off-side</b> <b>Over</b> <b>Forehand</b> <b>Backhand</b> <b>Volley</b> <b>Overhead</b> <b>Singles</b> <b>Doubles</b> <b>Court</b> <b>Positions</b> <b>Formations</b> <b>Opponent</b> <b>Scoring</b> <b>Prevent</b> <b>Off-side</b> <b>Evading</b> <b>Handling</b>